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Silverado Hospice Newsletter Silverado Hospice Los Angeles

Hospice Care

The comfort and care provided by Silverado Hospice is unrivaled.

Hospice care is all about enhancing the quality of life for patients and their families during a difficult time. It's not about giving up hope or accelerating the end but rather about ensuring comfort, dignity, and support.

People often have misconceptions that hospice means abandoning hope or hastening the end, but that's far from the truth. In fact, hospice care can bring a sense of peace and relief to both the patient and their loved ones. It provides specialized medical care tailored to manage pain and symptoms while also offering emotional and spiritual support.

Choosing hospice is a courageous decision that can offer a more peaceful and dignified end-of-life experience. It allows patients to focus on what matters most to them, surrounded by the people they love, in a setting that feels comfortable and safe.

We understand the importance of personalized care and compassion. We strive to create a supportive environment where patients and families can find comfort, understanding, and peace during this challenging journey.

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The team at Silverado Hospice are dedicated and caring individuals. The diverse motivations and personal connections that each member of the team brings to their role undoubtedly enrich the care and support they provide to patients and families.

Whether they chose a career in hospice due to personal experiences or felt called to it by circumstances, each individual's unique perspective adds depth and compassion to their work.

For those who have been on the receiving end of hospice services, they understand the challenges and concerns that come with entrusting a loved one's care to another, making their support even more meaningful and compassionate. On the other hand, for those who feel that hospice chose them, whether it was a personal experience, a desire to make a difference, or a combination of factors, their commitment to providing compassionate care is evident in their dedication and passion.

Each member of the Silverado Hospice team brings their own unique perspective and passion to their role, contributing to the exceptional care and support that Silverado Hospice is known for. THANK YOU to the AMAZING team at Silverado Hospice for the work you do in making a difference in the lives of so many.

Choosing a Career in Hospice Care is Not Easy, But It Is Incredibly Meaningful. It Offers the Opportunity to Make a Difference For Both The Patient and Their Loved Ones Lives During Their Most Vulnerable Moments.

Following You'll Find Some of the Special and Moving Reasons Why Our Team

Members Chose A Career In Hospice Care

"I've always loved the one-to-one care of nursing since I graduated from nursing school many moons ago and hospice allows me to do just that. Being part of someone's journey during end of life is an honor and privilege because it allows me to teach, suport, and make a difference in providing comfort for someone who has a life-limiting disease. Lastly. hospice nursing is never dull because every family, patient and situation is unique and have their own challenges that repeatedly tests my critical thinking skills."

Susan Q., RN Case Manager "I like to say I didn't choose
Hospice. Hospice chose me! I had
worked in Home Health for 6 years
prior to me working in Hospice. I
was offered a position back in 2012
and took a chance. Once I began
working in Hospice, I knew I was
where I was supposed to be.

Shortly after starting, my great-grandmother fell terminally ill and was placed on Hospice. The support that my family and I received during that time was amazing! In my culture we're brought up to fear death. We're told that death isn't a good thing. But experiencing Hospice on the other side and learning made me look at death differently. I genuinely love the field that I am in!"

Dominique, Regional Business Office Manager

"I was a server at Waffle House in highschool and I had my group of elderly regulars. They would come in for coffee, pecan pie, and the socialization amongst themselves. When I graduated they bought me a cake and gave me a card signed by all of them. They were wonderful. I didn't know about hospice back then but I knew I wanted to work with the geriatric population. Kids were not my jam (even though I tried children's social work). I found my love in hospice, in providing beautiful deaths with like minded individuals."

Zitlaly 'Laly',
Director of Family Support Services



"Choosing a career in hospice was a natural progression for me, driven by a deep-rooted passion for providing compassionate care and support to individuals during their most vulnerable moments. As a hospice aide, I find immense joy in bringing smiles to patients' faces and forming meaningful connections with each and every one of them.

My desire to become a future nurse is further fueled by this invaluable experience, as it allows me to develop essential skills in empathy, communication, and patient care.

Being on the receiving end of hospice services has also given me a unique perspective, reinforcing the importance of dignity and compassion in end-of-life care. It's a privilege to be part of such a profound and fulfilling profession, one that continually inspires me to make a positive impact in the lives of others."

Darlin, Certified Home Health Aide



"I enjoy working in areas with both a high need and a high intensity, so I chose hospice after my first 21 years as an RN. It felt like the most natural thing with bringing together all of my prior experiences.

After working with critically ill patients and their families, coming from a curative angle (ICU/CCU) and working on an LA Countywide NIH sponsored stroke study I noticed that the experience of dying with dignity and respect for both the patient and family were often lacking. In my personal experience, I am the elder in my family now, having lost both parents and two siblings to various illnesses both with and without the advantage of hospice care. The difference that hospice makes by providing presence, comfort, and education is astounding.

I worked as bedside hospice RN Case Manager for 8 years before I went into a management level and that understanding of how it feels to be a bedside hospice nurse, and how the hospice as a team needs to function to deliver the best care possible has always stuck with me. Over time I have developed the knowledge of the CMS regulatory requirements, the understanding of how clinical differentiators make a hospice competitive in the LA marketplace, and what it takes to truly build a team culture of love. My goal is to build a supportive team that will experience as much peace as possible ourselves knowing that we are swimming in the pond day in and day out with those experiencing grief, death, and suffering. I cannot imagine spending my life doing anything more impactful than running a healthy hospice service- which is my calling."

Suzanne, RN Administrator "I want to work in hospice because I witnessed my mother-in-law endure a lonely passing, and it deeply impacted me. We were all so confused about what hospice was even after she passed. Seeing her loneliness made me realize how crucial it is for individuals facing the end of their lives to receive compassionate and dignified care.

I don't want others to experience what we went through. By working in hospice, I can provide support and comfort to patients and their families during one of the most vulnerable and challenging times in their lives.

My personal experience drives me to make a positive difference, ensuring that every person in my care receives the utmost respect, dignity, and comfort as they transition."

Leslie, Senior Liaison "My "why" for hospice, is in honor of my late grandmother Angela who passed away in Nicaragua with no hospice. Latin America doesn't have hospice and my dream one day is to bring Hospice to Nicaragua; and to be a voice to the voiceless."

Kathryn, Social Worker

"I choose Hospice because it is an absolute honor to march alongside a patient and their family during their last phases on this earthly world.

I truly believe we are carrying out God's work here on earth."

Mackenzie, Patient Care Manager

"Hospice made me not afraid of death; as a nurse. Death is part of everyone's life and should be approached with love, respect, and dignity to end the journey of completing the circle of life."

Deby, RN Case Manager "I worked in assisted living for some time and witnessed dying patients and really sick patients. I always wanted to reach out and help because I have the ability to comfort and provide support to their loved ones that are in need."

Mocha,
Certified Home Health Aide

"I think Hospice choose me, at the first of my journey in this career I was emotional when a patient I know passes away. Within that time, I discovered how strong I am mentally and now I can support patients and their families. I feel thankful for the opportunities I spend with them."

Sonia, Certified Home Health Aide "Transitioning from a convalescent home and hospital setting to hospice care was a significant change, but it was a rewarding and fulfilling transition for me. Working in hospice care offers a unique perspective on end-of-life care, focusing on providing comfort, support, and dignity to patients and families during one of life's most challenging journeys.

Sometimes, the most rewarding paths are the ones we didn't expect to take."

Dalila, Certified Home Health Aide



"I didn't choose hospice; hospice chose me. Four years ago, I was wrestling with a profound sense of purpose as a nurse and striving to apply the knowledge I was gaining from my PMHNP master's program at Vanderbilt University. Just when I was at a crossroads, questioning my path, my phone rang—it was Silverado. Someone from their office had discovered my resume on Indeed and believed I was a perfect fit for their team.

On that very day, I drove from my current job to Silverado's office, had an interview, was hired on the spot, and began working two weeks later. From that pivotal moment, my life took a new direction, and I embraced my role in hospice care.

While I had never experienced hospice care personally, my path soon intersected with it due to health challenges. Laly, with her unwavering support, got me into surgery and coordinated with doctors at Kaiser, leaving no stone unturned to help me recover. My sister joined forces with her, and together they worked tirelessly to advocate for my well-being.

After spending three challenging months in the hospital, experiencing significant weight loss and a decline in independence, I reached out to Silverado and considered hospice care at home. It was a transformative experience that opened my eyes to the challenges families face during such times. It led me to sign a DNR, ensuring I wouldn't return to that difficult situation, and prompted me to get my affairs in order to ease the burden on my children. Fortunately, my health took a turn for the better, and I didn't require hospice services. However, this journey has taught me the importance of resilience, advocacy, and compassionate care. It's a testament to how life's challenges can lead us to paths we never anticipated but ultimately find deeply meaningful."

Diana,

"I chose Hospice because death can be scary but it doesn't have to be. Providing education and comfort to patients and families during this transition is very rewarding. I love being a "go-to" person when families and patients are concerned about new declines and symptoms. It helps to have a great team to collaborate with to provide care and comfort to patients and families. In my experience, I wish I recognized the signs of decline in my grandmother and got her on Hospice sooner. I would have loved to have comfort focused care for her. I think about her often when I care for my patients. She is my true "why" for being a hospice nurse."



<mark>l</mark>sabella, RN Case Manager

"Ok, here I go. First and foremost. It was not I chose hospice care; rather, hospice chose me.

Years ago, a Doctor recognized "a potential in me" and asked me to join her Hospice company. Since that moment, my career in Hospice became my fervent passion. I take pride in knowing that my personal touch has a positive impact on every patient and their families. Each case is deeply personal and profoundly moving on my heart. I became a listener, a hand to hold and always a reassuring presence. My patients and their families make me feel like an angel in their lives, a source of comfort and hope in their most vulnerable times. ""

America, LVN



"In 2005, I experienced the loss of my dad, and I felt a profound sense of regret for not being there for him as much as I wanted to be. This led me to seek a way to give back and support others during their final days. In 2009, I began volunteering with Silverado Hospice, aiming to make a difference in the lives of patients and their families.

In 2013, I was offered a position to join the Silverado Hospice team. This role provided me with a unique perspective, allowing me to understand the operations of hospice care from both a patient's and an administrative standpoint.

In 2016, my mom was diagnosed with cancer, and by 2018, she was under the care of Silverado Hospice. I not only became her caregiver but also her volunteer. During her last days, I sat by her bedside, played her favorite songs, held her hand, and thanked her for being an amazing mom.

I didn't choose hospice; hospice definitely chose me. It equipped me with the tools and insights I needed to care for my mom during the last two years of her life. One memory that will always stay with me is a day when my mom, feeling particularly down after a chemo treatment, was in tears. She apologized, saying, 'I'm sorry I'm putting you through this; you shouldn't be seeing all this.' I reminded her that she had cared for me as a child, and now it was my turn to care for her.

My journey with Silverado Hospice has taught me that every day is a gift, even our final ones. There is beauty to be found in our last days and hours, and it's possible to approach death with grace, acceptance, and love rather than fear and discomfort.

Through these experiences, I've learned the importance of cherishing every moment, embracing compassion, and finding meaning in providing comfort and support to others during their most vulnerable times."

Juliet, Senior Regional Volunteer Manager



"I chose to work in hospice care because I recognized that my natural gift lies in providing compassionate support and care to those in need. I have a deep-seated desire to help people during their most vulnerable moments, and I believe that hospice allows me to fulfill that purpose by offering genuine compassion, unwavering support, and meaningful care to individuals and their families facing end-of-life challenges."

Jeanette, Certified Home Health Aide

"I do hospice because I truly believe it is the best healthcare available. This set up allows our patients to have almost anything they need physically or emotionally from one place. It is whole person & family holistic care. The end of life is the most difficult time of life, but it is just as natural as birth. With hospice, this time of life can come with a bit of peace for the individual and the family."

Jaimie,
Director of Patient Care Services

"I have been working in hospice for over 10vrs. When I first started nursing, I didn't think hospice would have been my field of choice. Starting in Mental Health I was drawn towards hospice care. Being able to provide our families and patient's comfort, education, and peace gives me the passion and fulfillment to do this every day. Being kind and providing emotional support to people, to provide a listening ear and a smile in such emotional times, while also helping them to better understand what is happening in a less hectic environment is my "Why Hospice?"

Maria, I VN



"Throughout my LVN career, I quickly adapted to various roles, such as wound care nurse, charge nurse, and med tech. While I excelled in these positions, I was still searching for that deeper connection—the personal touch that truly makes a difference in someone's life.

When I joined Silverado Assisted Living, that spark of passion ignited even more. Interacting with residents on a personal level and assisting them with their daily activities was rewarding, but I yearned to do more. As I witnessed the Silverado Hospice staff visit our facility, I was deeply moved by their passion, love, and compassion. They were truly making a difference in people's lives during their final days.

This experience piqued my curiosity about hospice care, and little by little, I felt drawn towards it. The more I learned, the more I realized that hospice was where I wanted to be. It wasn't just about medical care; it was about providing comfort, dignity, and support during one of life's most challenging times.

Slowly but surely, the idea of transitioning to hospice care began to feel like the right choice for me. It was a leap of faith, but one that I felt compelled to take to fulfill my passion for making a meaningful difference in the lives of others."

Cindy, LVN

"I Expect to Pass Through Life but Once, If, Therefore,
There Can Be Any Kindness I Can Show,
Or Any Good Things I Can Do to Any Fellow Human Being,
Let Me Do It Now,
And Not Defer It Or Neglect It,
As I Shall Not Pass This Way Again."





Meet two of our wonderful employees who were recognized as employees of the month in May!

Spotlight On!



Joseph was selected by his peers through voting. His peers said "Joseph goes above and beyond for his patients. Whether it's ensuring their comfort, advocating for their needs, or simply being there to listen."

Meet Joseph, RN Case Manager

Let us know how we're doing!

Leave us a review, click the icons to get started!

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Silverado Hospice Los Angeles

Your feedback is important to us. If you have a concern, please contact our Administrator, Suzanne Henthorn, at (888) 328-6622



Meet Wilma,
Patient Care
Manager

Wilma was selected by her peers through voting. Her peers said "Wilma has been a gift to our Silverado team from the beginning. Throughout her time here she has always taken the time to make herself available and open to lending a helping hand where needed. She's always so positive. It's contagious!"

Congratulations **Donesha**, **LVN** on successfully completing your academic requirements for the Death Doula Certificate



Program! Your dedication and hard work have paid off, and this achievement is a testament to your commitment to excellence in your field. We are incredibly proud of your accomplishment and grateful for the contributions you make to our

team. Wishing you continued success and fulfillment in your career as a Death Doula. May you continue to inspire and uplift those around you with your kindness, empathy, and dedication to compassionate care.